



# January 2018

**Daily Breakfast Meal Includes:**  
 1% White Milk, Fat Free Chocolate  
 100% Fruit Juice  
 Canned, Dried OR Fresh Fruit  
 All Bread items are Whole Grain

**Adult Breakfast--\$2.50**  
**Paid Breakfast--\$1.75**  
**Extra Milk--\$0.50**  
**Reduced Breakfast--\$0.30**

Menus subject to change based on availability

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Special Announcements:</b>	1	2	3	4	5	6
<b>Jan 1-8—Christmas/ New Year's Break No School</b>	No School	No School	No School	No School	No School	
<b>Jan 12 –Glazed Donut Day</b>	8 No School	9 Muffin & Yogurt OR Cereal & Yogurt	10 Mini Wraps OR Cereal W/Yogurt	11 Mini Pancakes OR French Toast Sticks & Sausage OR Cereal w/Yogurt	12 Glazed Yeast Donuts OR Cereal & Yogurt	13
<b>Jan 15 –MLK Day No School</b>	15 No School	16 Cinnamon Roll OR Cereal W/Yogurt	17 Parfait OR Cereal	18 Biscuits & Sausage Gravy OR Cereal	19 Breakfast Pizza OR Cereal	20
<b>Jan 31 –Hot Chocolate Day</b>	22 Muffin & Yogurt OR Cereal & Yogurt	23 Eggstravaganza & Tortilla OR Cereal	24 Mini Wraps OR Cereal W/Yogurt	25 Mini Pancakes OR French Toast Sticks & Sausage OR Cereal w/Yogurt	26 Frudel OR Cereal &Yogurt	27
	29 Cinnamon Roll OR Cereal W/Yogurt	30 Skillet Omelet & Tortilla OR Cereal	31 Parfait OR Cereal Hot Chocolate	<b>--LONE OAK ISD-- Elementary/Middle School BREAKFAST</b>		

